

Supplementary nutritional feeding

Under this scheme a target has been set to provide supplementary feeding 300 days in a year to the children in the age of 06 months to 06 years, to adolescent girls and to expectant and nursing women. According to the letter no. 5-9/2005/N.D./tak/Vol.11 dated 24th February, 2009 the standards of supplementary feeding has been fixed as under: -

Beneficiary Category	Per day/Per beneficiary expenditure	Calorie (kg calorie)	Protein (Gram)
Children in the age of 6 months-03 years	Rs.4.00	500	12 – 15
Children in the age of 03 years – 06 years	Rs.4.00	500	12 – 15
Severely malnourished children	Rs.6.00	500	20 – 25
Expectant and nursing women	Rs.5.00	600	18 – 20
Adolscent girls (Sabala Yojana)	Rs.5.00	600	18 – 20

Provision of Nutritional Supplementary Feeding in the State

- (i) **Cooked Food:** - Children in the age of 03 – 06 years are provided hot cooked meal and snacks as supplementary feeding in Anganwadi centres through 'Mata-Samiti'. The Home Science Department of Govind Ballabh Pant Agriculture and Technical University has prepared Food items book for Anganwadi centres.
- (ii) **Take Home ration:** - There is provision for children in the age of 06 months to 03 years and expectant and nursing women to be given nourishing food as take home ration. Under this provision, lump sum weekly ration (25 days in a month) is made available to beneficiaries. The children of severely malnourished category are provided supplementary feeding in double quantity in consultation with Health Department. At present, 'India Mix' is being provided in the state through World Food Program. It consists of the following: -

Wheat	75%
Soybean	25%